



**Polar Bear
Plunge**



**INDIVIDUAL PLUNGE FORMS
JOIN US ON MARCH 27 2010, FROM 1 P.M TO 2 P.M
AT THE POINTE-CLAIRE MARINA**

Please return all completed forms and payment before March 24, 2010 and send them to the address below OR bring your donation and forms on the day of the event. Please make all checks payable to Special Olympics Quebec:

DIVER'S INFORMATION

**Mandatory information*

*Name :		*Surname :	
*Address :		*City:	
*Province : Québec		*Postal code :	
*Tel. (res.) :	*Tel. (office) :	ext :	
*Email:			
* I heard about the Polar Bear Plunge from:			
TARGETED AMOUNT : _____ \$ <i>(Registration fees of 50\$ per diver)</i> A tax receipt will be issued for any donations (of 20\$ or more) that are added to the registration fees. To do so, please use the provided forms.			

<p>Reward Program for donations of \$ 50 or more: 50 \$ and 249 \$: A tuque of the 2010 Plunge 250 \$ and 499 \$: A tuque and a long sleeve shirt of the 2010 Plunge 500 \$ and more: A tuque, a long sleeve shirt and a towel of the 2010 Plunge</p>
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- I certify that the information provided on this form is true and accurate.
- While participating in Special Olympics activities, I authorize the use of my likeness, my voice and my words for television, radio, films, newspaper, magazine or any other form of media not therefore described for the purpose of advertising or communicating the purposes and activities of Special Olympics Quebec and in appealing for funds to support such activities.
- I attest that I am physically fit and prepared for this event. I, the undersigned volunteer, hereby release Special Olympics Quebec from all liability for injury to person or damage to property of myself.

Name

Company

Signature

Date

C/o : Polar Bear Plunge 2010
Special Olympics Québec
5311, de Maisonneuve Blvd. West, 2nd floor
Montréal (Québec) H4A 1Z5